

Coach Nicole started gymnastics at the age of six and competed for nine years, reaching Level 8. She has six years of coaching experience, teaching everything from preschool recreation to upper level team girls. Her favorite thing to coach is Tumbling and Vault.

She graduated in 2010 from UL-Lafayette in Visual Arts, concentrating in Graphic Design and Photography. She also successfully owns and runs her own photography business. Her favorite thing to photograph is (no surprise) babies and families!

If you've ever been to our gym, you've probably met Coach Nicole, as she is always chatting with parents and has coached nearly every class offered at SoLa. She loves kids and she loves gymnastics, which makes the PERFECT combination for a gymnastics coach.